**CAL STATE UNIVERSITY SAN MARCOS**

**SCHOOL OF NURSING**

**Title:** Introduction to Integrative Healthcare

**Speakers Name:** Dr. Linnea Axman and Ms. Trisha Huszka

**Date:** September 29 – December 5, 2018

**PROGRAM OBJECTIVES**

Upon successful completion of this course, students will be able to:

1. Define IH terms, concepts, and phrases.
2. Discuss the history of IM, IH, and CAM in general and specifically within the US Healthcare System.
3. Analyze differences and commonalities with regard to CAM and IH and/or IM.
4. Describe the Transdisciplinary Model of Evidence-Based Integrative Healthcare
5. List the Principles of Integrative Healthcare.
6. Analyze the influence of environment on health, healthcare, and “healing”.
7. Communicate an introductory understanding of the ethical and legal issues that must be considered when offering of IH.
8. Demonstrate a beginning understanding of the use of IH therapies used alongside allopathic therapies to include but not limited to nutrition and dietary supplements, mind-body practice and traditional whole-body healthcare (i.e., Ayurveda and Traditional Chinese Medicine, Naturopathy) for common chronic diseases.
9. Demonstrate a case study that typifies the safe provision of Integrative Healthcare in one or more settings (e.g., hospital, community, and home).

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| **COURSE EVALUATION** | Yes | No |
| 1. Objectives were presented clearly and easily understood |  |  |
| 2. Objectives were achieved |  |  |
| 3. Satisfied with the course materials and content added to my knowledge |  |  |
| 4. The course was well prepared and organized |  |  |

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|  | Fair |  | Good |  | Excellent |
| 5. My overall rating of the course: | 1 | 2 | 3 | 4 | 5 |
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| **SPEAKER EVALUATION: Dr. Axman** | Yes | No |
| 1. Presents the material in an organized way |  |  |
| 2. Speaks clearly and distinctly |  |  |
| 3. Demonstrates enthusiasm in participation |  |  |
| 4. Encourages questions and comments |  |  |
| 5. Uses demonstration and illustrations that are clear and understandable |  |  |

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| --- | --- | --- | --- | --- | --- |
|  | Fair |  | Good |  | Excellent |
| 6. My overall rating of Dr. Axman: | 1 | 2 | 3 | 4 | 5 |
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| **SPEAKER EVALUATION: Ms. Huszka** | Yes | No |
| 1. Presents the material in an organized way |  |  |
| 2. Speaks clearly and distinctly |  |  |
| 3. Demonstrates enthusiasm in participation |  |  |
| 4. Encourages questions and comments |  |  |
| 5. Uses demonstration and illustrations that are clear and understandable |  |  |

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| --- | --- | --- | --- | --- | --- |
|  | Fair |  | Good |  | Excellent |
| 6. My overall rating of Ms. Huszka: | 1 | 2 | 3 | 4 | 5 |
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Comments: Please tell us how we can improve this course. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Thank you