COBA Individual Development Plan

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ DATE: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

PROFESSIONAL GOALS

What are my professional growth and career aspirations?

PERSONALITY TYPE (MBTI):

INTERESTS CODE (RIASEC):

PASSIONS:

1.

2.

3.

4.

SKILLS:

1.

2.

3.

4.

|  |  |  |  |
| --- | --- | --- | --- |
| **Short-Term (1-2 years)** |  |  |  |
| **Goals or skills to be learned** | **Approaches or strategies** | **Outcomes** | **Timeframe** |
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| --- | --- | --- | --- |
| **Long-Term (3-5 years)** |  |  |  |
| **Goals or skills to be learned** | **Approaches or strategies** | **Outcomes** | **Timeframe** |
|  |  |  |  |
|  |  |  |  |

DEVELOPMENT OPPORTUNITIES

What knowledge or skills do I need to enhance?