**Restaurant Suggestions for Baseball Away Games**

**Concordia University**

**Urban Plates:**

3972 Barranca Pkwy, Irvine, CA 92606

6 mins from the university

**What to Order:**

Grilled wild albacore sandwich

Grilled free-range chicken sandwich

Oven baked salmon sandwich

Moroccan chicken braise

Any “urban plate”

Sunday - Thursday: 11am - 9:30pm

Friday - Saturday: 11am - 10pm

**Hen House Grill**

4515 Campus Dr, Irvine, CA 92612

4 mins from campus

**What to Order:**

NO.1 whole chicken with basmati rice

NO. 6 ground chicken

NO. 7 Chicken Stake

NO. 21 Ground Sandwich

Monday-Friday 11Am-2AM

Saturday-Sunday 8AM-2AM

**Tender Greens**

4237 Campus Dr B 165, Irvine, CA 92612

**What to Order:**

Salt and Pepper Chicken Sandwich or Plate

Backyard Marinated Steak Sandwich or Plate

Grilled Salmon

Herb Brushed Tuna

Open 11AM-9PM daily

**Vitality Bowl**

4515A Campus Dr, Irvine, CA 92612

4 mins from campus

**What to order**

The Olympian

Roasted Turkey Sandwich

The Graviola (good after a game for hydration)

Matcha Madness

Oatmeal Bowl (Good for breakfast)

Open 10AM-7PM daily

**Asian Box**

4503 Campus Dr, Irvine, CA 92612

4 mins from campus

**What to Order**

The Workout

Or customize your own box (Choose Brown Rice)

This would be a good hearty lunch a couple hours before a game, or great after a game

Open 11AM-9PM daily

**Subway**

18086 Culver Dr, Irvine, CA 92612

Open 24 hours

**What to order**

Bread: 9-Grain Wheat or 9-Grain Honey Oat

Lots of Veggies

Whatever Cheese you prefer

Protein: Rotisserie Style Chicken, Oven Roasted Chicken

**Carl’s Junior**

18032 Culver Dr, Irvine, CA 92612

3 mins from campus

Open 24 hours

**What to Order:**

Charbroiled Chicken Club Sandwich

Charbroiled Santa Fe Chicken Sandwich

Charbroiled BBQ Chicken Sandwich

**Cal Poly Pomona**

**The Brick Your Neighborhood Deli:**

105 E Arrow Hwy, Pomona, CA 91767

9 mins from university

**What to Order:**

Grilled Chicken Sandwich, ask for it one wheat bread

Tuna Sandwich

Monday-Friday 7AM-4PM

Saturday 8AM-4:30PM

Sunday closed

**Hibachi-San**

Bronco Student Center, 3801 W Temple Ave, Pomona, CA 91768

On campus

**What to Order:**

Teriyaki Chicken or Beef with steamed rice and Veggies

Shiromi Chicken with Steamed Rice and Veggies

Friday 10AM-3PM

**Bowl of Heaven**

2087 Foothill Blvd, La Verne, CA 91750

10 mins

Could be a good place after a game

**What to Order:**

Peanut Butter Bowl

Almond Butter Bowl

Peanut Butter Blast

Open 9AM-7PM

**Dr. Grubb’s**

373 W Bonita Ave, Claremont, CA 91711

10 mins from campus

**What to Order:**

\*Combo 2:

Protein: any option would be good

Sauce: Whatever you prefer

Sides: Choose one vegetable and one carb

\*Teriyaki Chicken Bowl, ask for brown rice

Chicken Satay

Open 11AM-9PM

**Subway**

3801 W Temple Ave, Pomona, CA 91768

1 min from Campus

Open 7:30-2

Closed Sat and Sun

**What to order**

Bread: 9-Grain Wheat or 9-Grain Honey Oat

Lots of Veggies

Whatever Cheese you prefer

Protein: Rotisserie Style Chicken, Oven Roasted Chicken

**Panda Express**

3801 W Temple Ave, Pomona, CA 91768

1 min from campus

Open 9AM-3PM Friday

Closed Sat and Sun

**What to Order:**

8 Treasure Chicken Breast

Grilled Teriyaki Chicken

Mushroom Chicken

Broccoli and Beef

Black Pepper Chicken

\*\*\*All with Brown Rice

**Wendy’s**

3801 W Temple Ave, Pomona, CA 91768

Open until 1AM

**What to Order:**

Grilled Chicken Sandwich

Grilled Asaigo Ranch Club

Grilled Chicken Wrap

**CSU Dominingiez Hills**

**Rebecca’s Cafe**

1230 E 223rd St # 209, Carson, CA 90745

8 mins from university

**What to Order:**

Grilled Chicken and Vegetable

Lemon, Tarragon, and Artichoke Chicken

Open 9AM-3PM

**Panera Bread:**

20700 S Avalon Blvd, Carson, CA 90746

1 minute from campus

**What to Order:**

Lunch:

Lentil Quinoa Broth Bowl with Cage Free Egg

Roasted Turkey and Avocado BLT

Tuna Salad Sandwich

Breakfast:

 Steel Cut Oatmeal

Create your own sandwich with whole wheat bread, egg, and avocado and cheese of your choice

Open 6:30AM-9PM

**The Green Olive**

855 W Victoria St, Compton, CA 90220

2 mins from campus

**What to Order:**

Chicken Kabob Wrap #15

Kofta Kabob Wrap #16

Salmon Kabob Wrap

Any of the Kabobs

Open 11AM-6PM

**Waba Grill**

514 Torrance Blvd, Carson, CA 90745

5 mins from campus

**What to Order:**

Chicken Veggie Bowl

Waba Veggie Bowl

Salmon Veggie Bowl

Shrimp veggie Bowl

**\*\*\***Ask for all with brown rice

Open 11AM-9PM

**Flame Broiler**

17535 S Central Ave, Carson, CA 90746

1 min from campus

**What to Order:**

All natural chicken with brown rice

Angus Beef with Brown Rice

Open 10AM-8PM

**Carls’s Junior**

1931 W Artesia Blvd, Compton, CA 90220

4 mins from campus

Open 24 hours

**What to Order:**

Charbroiled Chicken Club Sandwich

Charbroiled Santa Fe Chicken Sandwich

Charbroiled BBQ Chicken Sandwich

**Panda Express**

20700 S Avalon Blvd, Carson, CA 90746

1 min from campus

**What to Order:**

8 Treasure Chicken Breast

Grilled Teriyaki Chicken

Mushroom Chicken

Broccoli and Beef

Black Pepper Chicken

\*\*\*All with Brown Rice

Open 10AM-9PM

**CSU San Francisco**

**Nourish Cafe**

189 6th Ave, San Francisco, CA 94118

12 mins from university

\*\*\*Tons of great, healthy, and nutrition dense foods

Would be a great place to go after a game

Open 7AM-3PM

**Picnic on Third**

493 3rd St, San Francisco, CA 94107

13 mins form university

\*\*\*Note this restaurant closes at 5PM

**What Order:**

Sage and Garlic Chicken

**Kitava**

2011 Mission St, San Francisco, CA 94110

13 minutes from university

**What to Order:**

General Tso’s Chicken

Cuban Bowl

Baja Bowl

Open 11AM-9PM

**Chili’s**

899 El Camino Real, San Bruno, CA 94066

7 mins from Hotel

Good for after a game

**What to Order:**

Ancho Salmon

Margarita Grilled Chicken

Chipotle chicken Fresh Mex Bowl

Open 11AM-11PM

**McDonalds**

255 Winston Dr, San Francisco, CA 94132

**What to Order:**

Pico Guacamole with Artisan Grilled Chicken

Artisan Grilled Chicken Sandwich

Open 6AM-12AM

**CSU East Bay**

**Papaito Rotisserie**

26007 Eden Landing Rd Hayward, CA 94545

8 mins from University

**What to Order:**

Herb Chicken

Kale and Quinoa Salad

Roasted Potatoes

Open 11AM-8PM

Closed on Sundays

**Ghazni Afghan Kabobs & Restaurant**

1235 A St, Hayward, CA 94541-2925

5 mins from University

**What to Order:**

Any of the kabobs with a side of rice would be great for post game

Open 11AM-9PM

**Gotta Eatta Pita-Pleasanton**

5901 Owens Dr, Pleasanton, CA 94588

2 mins from Hotel

**What to Order:**

All Natural Chicken Pita or Bowl

Open 11AM-9PM

**Faz**

5121 Hopyard Rd, Pleasanton, CA 94588

2 mins from hotel

**What to Order:**

**Breakfast:** Basic Breakfast with whole wheat toast or hot oatmeal

**Dinner:** Any of the Fire Roasted Kabob options

Open 6:30–10:30AM, 11:30AM–3PM, 5–10PM

**Organic Coup**

4825 Hopyard Rd, Pleasanton, CA 9458

3 mins from Hotel

**What to Order:**

Breakfast: The Coup Breakfast Wrap or Bowl

The Coup Signature Wrap or Bowl with GRILLED chicken

\*\*\*\*This would be a great place to get breakfast or lunch

Open 11AM-7:30PM

Closed on Sundays

**El Pollo Loco**

24119 Mission Blvd, Hayward, CA 94544

Open 10AM-11PM

**What to Order:**

Double Chicken Fit Place

Fire Grilled Chicken Breast

Pollo Bowl

Double Chicken Bowl

Pollo Fit Burrito

Power Bowl

Skinless Breast Meal

Chicken Avocado Tortilla Wrap

**Stanislaus**

**Panera**

3050 Hotel Dr, Turlock, CA 95380

1 min from hotel

**What to Order:**

Lunch:

Lentil Quinoa Broth Bowl with Cage Free Egg

Roasted Turkey and Avocado BLT

Tuna Salad Sandwich

Breakfast:

 Steel Cut Oatmeal

Create your own sandwich with whole wheat bread, egg, and avocado and cheese of your choice

Open 6AM-9PM

**Deli Delicious**

2743 Countryside Dr, Turlock, CA 95380

3 min from hotel

**What to Order:**

\*\*\*\*Basically any sandwich but order on whole wheat bread and light on sauces. Turkey or chicken is the leanest form of protein

This would be a good place to go after a game

Open 10AM-8PM

**Green Grub**

2922 Geer Rd, Turlock, CA 95382

1 min from fiel

**What to Order:**

California Turkey

Chicken Avocado

Deluxe Chicken

And More! Lots of great options here

Would be great after a game

Open 7AM-4PM

Closed Sundays

**Skewers and Kabob House**

906 J St, Modesto, CA 95354

13 mins from university

**What to Order:**

Saffron Chicken Kabob

Shish Kabob

Garlic Saffron chicken

Shrimp Kabob

Salmon on the Skew

Open 11AM-10PM

**Burger King**

2590 Geer Rd, Turlock, CA 95382

open 6AM-11PM

**What to Order:**

Grilled Chicken Sandwich

**Wendys**

2395 Geer Rd, Turlock, CA 95382

Open 10AM-1AM

**What to Order:**

Grilled Chicken Sandwich

Grilled Asaigo Ranch Club

Grilled Chicken Wrap

**Carl’s Junior**

2980 Geer Rd, Turlock, CA 95382

Open 6AM-12AM

Open 24 hours Saturday and Sunday

**What to Order:**

Charbroiled Chicken Club Sandwich

Charbroiled Santa Fe Chicken Sandwich

Charbroiled BBQ Chicken Sandwich

**CSULA**

**El Pollo Loco**

5151 State University Dr, Los Angeles, CA 90032

On Campus

**What to Order:**

Double Chicken Fit Place

Fire Grilled Chicken Breast

Pollo Bowl

Double Chicken Bowl

Pollo Fit Burrito

Power Bowl

Skinless Breast Meal

Chicken Avocado Tortilla Wrap

Open 9AM-4PM Friday and Saturday

**Flame Broiler**

2121 W Main St #200, Alhambra, CA 91801

7 mins from campus

**What to Order:**

All natural chicken with brown rice

Angus Beef with Brown Rice

Open 10:30AM-9PM

**Chipotle**

2121 W Main St, Alhambra, CA 91801

7 mins from campus

**What to Order:**

Bowl with your choice of protein, brown rice, black beans, salsa, and guac

Open 10:30AM-10:00PM

**Z’s Crazy Good**

1470 Monterey Pass Rd, Monterey Park, CA 91754

3 mins from campus

**What to Order:**

Breakfast

 Breakfast Sandwich on whole wheat bread

 PB and Jelly

 Toated Bagel

**Lunch or Dinner**

Grilled Chicken Breast Sandwich

 Turkey and Avocado Sandwich

 Chinese Chicken Wrap

 Chicken Teriyai Plate

 Teriyaki Chicken Wrap

 Chicken Breast Kabob Plate

\*\*Several more good optons

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| Friday | 7AM–8PM |
| Saturday | 8AM–4PM |
| Sunday | Closed |

**CSU San Bernadino**

**Waba Grill**

3993 N Sierra Way, San Bernardino, CA 92405

5 mins from campus

**What to Order:**

Chicken Veggie Bowl

Waba Veggie Bowl

Salmon Veggie Bowl

Shrimp veggie Bowl

**\*\*\*Ask for all with brown rice**

Open 10AM-9PM

**El Pollo Loco**

1695 Kendall Dr, San Bernardino, CA 92407

1 min from Campus

**What to Order:**

Double Chicken Fit Place

Fire Grilled Chicken Breast

Pollo Bowl

Double Chicken Bowl

Pollo Fit Burrito

Power Bowl

Skinless Breast Meal

Chicken Avocado Tortilla Wrap

Open 10AM-11PM

**D J Coffee Shop**

265 E 40th St, San Bernardino, CA 92404

5 mins from campus

**What to Order:**

Breakfast:

 Chicken Breast and Eggs

 Denver Omelet

 Oatmeal

Lunch or Dinner:

 Chicken Salad Sandwich on whole wheat bread

 Albacore tuna on whole wheat bread

 Greek Omelet

 Turkey Avocado Delight

 Breast of Chicken Sandwich

Open 5:30AM-9PM

**Farmer’s Boy’s**

1766 Kendall Dr, San Bernardino, CA 92407

Open 6AM-10PM

**What to Order:**

Chrabroiled Chicken Club Sandwich

Sourdough Chicken Avocado Sandwich

Charbroiled chicken wrap

**UCSD**

**Santorini Greek Island Grill**

On campus

**What to Order:**

Breakfast:

 Pita Scramble

 Breakfast Wrap

Lunch:

 Chicken Pita

 Greek Lemon Chicken

Snack:

 Any of the Greek yogurts

Open 10AM-8PM

**Seed and Sprout**

University of California San Diego, 9500 Gilman Drive, La Jolla, CA 92093

**On campus**

**What to Order**

Breakfast

 Breakfast Hash

Lunch or Dinner:

 Harvest

 S+S POKE

 Duck

 Create your own bowl

Open 10AM-6PM

**Urban Plates**

8707 Villa La Jolla Dr, La Jolla, CA 92037

4 miin from campus
**What to Order:**

Grilled wild albacore sandwich

Grilled free range chicken sandwich

Oven baked salmon sandwich

Moroccan chicken braise

Any “urban plate”

Open 11AM-10PM

**Surf Brother’s Teriyaki**

8935 Towne Centre Dr #101, San Diego, CA 92122

**What to Order:**

Chicken or Steak Plate with brown rice

Open 10:30AM-8 PM

**Panda Express**

9500 Gilman Dr, La Jolla, CA 92093

Open 9am-7PM Friday and Saturday 10AM-6PM

Sunday 11AM-7PM

**What to Order:**

8 Treasure Chicken Breast

Grilled Teriyaki Chicken

Mushroom Chicken

Broccoli and Beef

Black Pepper Chicken

\*\*\*All with Brown Rice