

## Operation HOPE Service Learning Project

Be familiar with the population and mission statement for Operation HOPE if you select one of these projects.

**Create 8 developmentally appropriate videos or workbooks (you can do any combination of videos and workbooks) that address social-emotional growth or needs.**

The list below has some ideas for topics. **Be creative, you may come up with any topic you want related to social-emotional growth or needs.** The sky's the limit!

### **Just Some Ideas for Topics:**

Emotional identification/emotional problem solving  
Mindfulness  
How to make and keep friends  
Multiculturalism  
Disability awareness and sensitivity  
Cheating and/or academic integrity  
Character development  
Suicide awareness & prevention  
Mental health awareness  
How to decrease stress and/or anxiety  
Physical health & wellness (...COVID-19)  
Anti-bullying  
Problem solving

### **Details of the Project Elements for Operation HOPE (Select and complete a total of 8):**

- Create an adult-guided (not self-guided) **workbook for children or teens** designed to address *social-emotional growth or needs (specify your topic)*. **Include a separate version of the workbook for the adult, with instructions on what to say/do.** You must select a 1-2 year age range for your project. (This counts as 2 workbooks because you are including a separate version of the workbook for the adult, with instructions on what to say/do.)
- Create a **self-guided workbook for teens, ages 12 and up**, (you must select a 1-2 year age range) on the topic of **financial literacy and/or budgeting.**
- Create a **self-guided video lesson** (upload to Youtube) designed to address social-emotional growth or needs (or financial literacy/budgeting for teens age 12 and older). Again, be creative. You must select a 1-2 year age range for your project. This video should be self-guided, something a child/teen can watch on their own.

- Your workbook/video may be whatever length you deem appropriate given the topic and age range that your project covers.
- You must select a 1-2 year age range for each of your videos/workbooks
- Your projects are due to be submitted on Cougar Courses on November 20. They will be delivered to Operation HOPE on December 1, 2020.

Student Learning Outcomes:

1. Students will practice collaboration, as they work in small groups with students from different backgrounds and perspectives
2. Students will practice communicating in the field of educational psychology as they work remotely in groups to select and create their projects.
3. Students will have the opportunity to make deep connections between course content and real-world issues.
4. Students will practice taking creative risks and brainstorming solutions to create their project.
5. Students will practice critical thinking and problem solving as they select and create their project.
6. Students will aid their community by providing this service project.