

# HOW TO DEAL WITH A grieving student

01

## MAKE YOURSELF AVAILABLE

A student who is grieving may need someone to talk to. Make it known that you are there to listen to the student, during class time or outside of it.



02

## KEEP IN CONTACT

The student may not reach out to you. Be sure to reach out to them and provide additional support if needed.



03

## GIVE THE STUDENT TIME

A student who is grieving may need extra time on assignments, as school may not be their number one priority. Try to be as understanding as possible.



04

## ALLOW FOR EMOTIONAL EXPRESSION

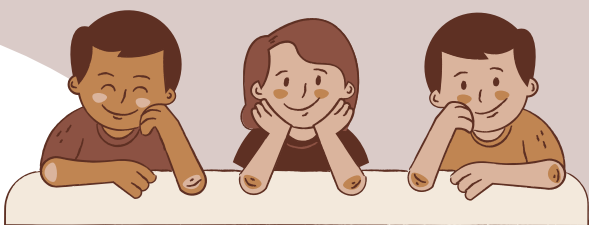
Let your student(s) know it is okay to express emotions, such as crying. Do not hold your own tears back, cry with them if you need to.



05

## DO NOT SINGLE OUT THE STUDENT IN CLASS

Try to avoid giving unnecessary attention to the grieving student during class time. They most likely do not want other peers asking unwarranted questions.



06

## KNOW YOUR OWN BOUNDARIES

Dealing with a grieving student can be draining. Know your limits, and do not be afraid to ask for help from administration.

